

Family Violence Prevention Week

February 14 to 20, 2021

Family violence affects everyone in a community. Everyone has a role to play in ending violence.

Emergency/Crisis/Shelter Services

<u>Island Help Line</u> (toll free)1-800-218-2885 24/7

365 days a year free, bilingual, confidential service for all Islanders providing information, support, and crisis intervention, and help with solving problems.

Temporary Shelter Support Resources (toll free) 1-833-220-4722

PEI Family Violence Prevention Services Inc. www.fvps.ca

Anderson House (toll free) 1-800-240-9894

Anderson House is the provincial emergency shelter for women and children experiencing physical, emotional or sexual abuse. Services are available 24 hours a day, 7 days a week. Staff provide confidential one on one support and information.

Chief Mary Bernard Memorial Women's Shelter toll-free 1-855-297-2332

Located on Lennox Island, the shelter provides on-reserve, region-wide emergency housing to Aboriginal and non-Aboriginal women and their children who are experiencing family violence and to women who are homeless.

Outreach Services

A free and confidential service providing emotional support for women victimized by family violence.

West Prince (902) 859-8849 East Prince (902) 888-3310

Eastern PEI (902) 838-4600 Ext. 23 Queens County (902) 566-1480 Ext. 224

Neighbours, Friends & Families

Home is not always a safe place. For many people, especially women and children, it can be violent and terrifying. Everyone has a role to play in ending violence in our communities.

There is no need to feel helpless about family violence. If you are not sure about offering help to someone you think is experiencing abuse, consider these points:

Showing that you are concerned is a good start; you can say:

- I care
- I believe in you
- It's not your fault.

I'm afraid she or he will be angry with me.

• Maybe she or he will be. But she or he will also know that you can be a support person when needed.

What happens in the privacy of a home is a family matter.

• This is not the case when someone is being hurt - it's wrong and against the law.